

QUESTION

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1. A patient with a history of chronic kidney disease (CKD) is being treated with a diuretic. The patient's serum potassium level is 2.8 mEq/L. Which of the following is the most appropriate action for the nurse to take?

ANSWER

1. The nurse should notify the physician immediately. The patient's serum potassium level is significantly low, and this could lead to serious complications such as cardiac arrhythmias. The nurse should also monitor the patient for signs and symptoms of hypokalemia, such as muscle weakness, fatigue, and palpitations. The nurse should also ensure that the patient is taking the medication as prescribed and avoid potassium-sparing diuretics.

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2. A patient with a history of chronic kidney disease (CKD) is being treated with a diuretic. The patient's serum potassium level is 2.8 mEq/L. Which of the following is the most appropriate action for the nurse to take?

- Notify the physician immediately.
- Monitor the patient for signs and symptoms of hypokalemia.
- Ensure that the patient is taking the medication as prescribed.
- Avoid potassium-sparing diuretics.

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- Monitor the patient for signs and symptoms of hypokalemia.
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3. A patient with a history of chronic kidney disease (CKD) is being treated with a diuretic. The patient's serum potassium level is 2.8 mEq/L. Which of the following is the most appropriate action for the nurse to take?