



Radiology

ARRT-Mammography Exam

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Question 1. (Single Select)

Breast tissue is surrounded by which of the following?

- A: Arteries
- B: Cuticles
- C: Lymph nodes
- D: Fascia

Correct Answer: D

Explanation:

The breast tissue is primarily surrounded by fascia, a type of connective tissue that envelopes and separates muscles and other internal organs. This connective tissue layer provides structural support and compartmentalization within the body.

To understand why fascia is the correct answer, it's essential to explore the structure of the breast in more detail. The breast sits atop the pectoral muscles on the chest wall and is composed of several key components: mammary glands, milk ducts, areola, nipple, and fatty tissue. These elements together constitute the functional and anatomical makeup of the breast, which is considered an organ.

The mammary glands are responsible for milk production, facilitated through a network of milk ducts that transport milk to the nipple. This system is embedded in fatty tissue that provides the bulk of the breast's volume and shape. Surrounding all these components is the fascia. This connective tissue forms a distinct layer that encapsulates the breast tissue, aiding in maintaining its position on the chest wall and providing a barrier separating it from other tissues and structures in the area.

Fascia's role extends beyond mere containment; it also contributes to the structural integrity and functionality of the breast. By surrounding the breast tissue, fascia helps to support the glandular structures and ensures that they stay aligned and connected within the specified area. It also plays a part in the transmission of nerves and blood vessels, which are crucial for the nourishment and innervation of the breast.

In summary, while the breast is also associated with arteries, cuticles, and lymph nodes—each playing different roles in its physiology and health—the specific tissue that surrounds the breast and provides it structural containment and support is the fascia. This connective tissue's

comprehensive encasement of the breast makes it fundamental to the breast's anatomy and function.

Question 2. (Single Select)

When a biopsy of the breast shows non-cancerous normal appearing ductal cells that are multiplying abnormally, it is called which of the following?

- A: Unusual hyperplasia of the breast
- B: Simple breast cyst
- C: Breast fibroadenoma
- D: LCIS

Correct Answer: A

Explanation:

When a biopsy of the breast reveals non-cancerous but abnormally multiplying normal-appearing ductal cells, this condition is referred to as unusual hyperplasia of the breast. This term describes an abnormal increase in the number of cells within the breast ducts, which, while not malignant, does not appear typical.

Unusual hyperplasia is distinguished from typical hyperplasia by the pattern and extent of cell proliferation. In unusual hyperplasia, the cell growth is more pronounced and can be more disorganized than in typical hyperplasia, but it does not reach the level of atypia that would classify it as atypical ductal hyperplasia (ADH) or a more serious precancerous condition.

The significance of diagnosing unusual hyperplasia lies in its association with an increased risk of developing breast cancer later on. Although the cells themselves are not cancerous, the abnormal proliferation indicates a disruption in the normal cell cycle and growth regulation, which could potentially lead to malignant transformations in the future.

The management of unusual hyperplasia typically involves increased surveillance and possibly further diagnostic investigations to monitor the condition. Doctors may recommend more frequent mammograms or other imaging tests to ensure that if any changes occur, they are detected early. In some cases, medication or surgical intervention may be considered to reduce the risk of breast cancer, particularly if there are other risk factors present in the patient.

It's important for patients diagnosed with unusual hyperplasia to discuss their specific risk factors and management options with their healthcare provider. Understanding the implications of this diagnosis can help in making informed decisions about their health and in taking appropriate preventive measures.

Question 3. (Single Select)

How many areolas does the human body have?

- A: 1.
- B: 2.
- C: 3.
- D: 4.

Correct Answer: B

Explanation:

1. The question regarding how many areolas the human body has can be answered by understanding the basic anatomy of the human breast. The breast anatomy is divided into two main components: internal and external. The internal anatomy consists of structures such as lobes, lobules, glandular tissue, connective tissue, blood vessels, nerves, lymph nodes, and adipose tissue. These components play a crucial role in the functionality of the breast, primarily in lactation.
2. The external anatomy, on the other hand, includes the areola and nipple. Each human breast has one areola and one nipple, making a total of two areolas and two nipples on the typical human body. The areola is the pigmented area surrounding the nipple. It contains small glands known as Montgomery's glands, which lubricate and protect the area during breastfeeding.
3. Understanding the number and function of areolas is important not only for general knowledge but also for medical and health-related purposes. The areola and nipple are integral to the breast's role in lactation, providing a passageway for milk to reach an infant. Moreover, changes in the appearance of the areola can be indicative of health issues, such as breast cancer or hormonal imbalances.
4. In conclusion, the human body typically has two areolas, one on each breast. Their presence

is crucial for both the physiological function of lactation and as indicators of certain health conditions. Recognizing their number and understanding their role can aid individuals in maintaining breast health and in identifying potential health issues early.

Question 4. (Single Select)

Which of the following would be considered correct regarding the AEC (automatic exposure control)?

- A: It increases the radiation dose needed per image.
- B: It decreases image quality.
- C: It helps increase the need for repeat images.
- D: It helps decrease the need for repeat images.

Correct Answer: D

Explanation:

To answer the question regarding the Automatic Exposure Control (AEC) in radiographic imaging systems, it's important to understand what each statement implies about the functionality and impact of the AEC on radiographic processes. Here's a detailed explanation of each statement:

****It increases the radiation dose needed per image.**** This statement is incorrect. The Automatic Exposure Control (AEC) is designed to optimize the amount of radiation used to produce an image of sufficient quality. It automatically adjusts the exposure time and intensity based on the density and composition of the subject being imaged, thereby often reducing the radiation dose compared to manual settings where overexposure is more likely.

****It helps decrease the need for repeat images.**** This statement is correct. The primary function of the AEC is to ensure consistent image quality by adjusting the exposure to optimal levels. This consistency helps in reducing the occurrence of underexposed or overexposed images, which are common reasons for repeating radiographic exams. By decreasing the need for repeat images, AEC not only saves time and resources but also reduces additional exposure to radiation for the patient.

****AEC is also known as photo timing.**** This is a correct descriptor. The AEC system, often referred to as photo timing, utilizes detectors that measure the amount of radiation that has

penetrated the patient and reached the image receptor. When the detectors sense that the appropriate amount of radiation has been received to create a clear image, the exposure is automatically terminated.

****It decreases image quality.**** This statement is incorrect. The AEC's role is to enhance image quality. By automatically adjusting exposure parameters to ensure the right amount of radiation is used, the AEC promotes the production of images with good contrast and detail, essential for accurate diagnosis. Without this control, manual settings might not be optimal and could lead to poor quality images requiring retakes.

****It helps increase the need for repeat images.**** This statement is incorrect and contradicts the purpose and functionality of the AEC. As previously mentioned, one of the key advantages of using an AEC is to minimize the occurrence of images that require retakes due to issues like over or underexposure. By maintaining consistent exposure levels, AEC significantly reduces the likelihood of needing repeat images.

****Summary**** The most accurate statements about the Automatic Exposure Control (AEC) system are that it helps decrease the need for repeat images and is also known as photo timing. The AEC enhances the quality and consistency of radiographic images, thereby reducing unnecessary radiation exposure and improving diagnostic efficiency. The incorrect statements suggest misunderstandings about the operational benefits and goals of using AEC in radiographic imaging.

Question 5. (Single Select)

Which type of filtration is associated with aluminum and copper?

- A: Inherent filtration
- B: Added filtration
- C: Forced filtration
- D: Negative filtration

Correct Answer: B

Explanation:

The correct answer to the question "Which type of filtration is associated with aluminum and copper?"

copper?" is "Added filtration."

Added filtration involves the use of external materials placed in the path of the X-ray beam to further filter out undesirable low-energy X-ray photons. It complements the inherent filtration already provided by the design and construction of the X-ray tube and its housing.

Aluminum and copper are commonly used materials in added filtration. These metals are effective in absorbing low-energy X-rays which, if not filtered out, would contribute to the patient's radiation exposure without improving the quality of the diagnostic image. The thickness and type of metal used as added filtration can vary depending on the specific requirements of the X-ray examination and the particular equipment used.

Inherent filtration, on the other hand, is built into the X-ray equipment itself. It typically includes the glass envelope surrounding the X-ray tube, the insulating oil used for cooling, and the housing of the X-ray tube. These components naturally absorb some of the lower energy X-rays as they are produced.

The primary purpose of added filtration, including the use of materials like aluminum and copper, is to optimize the balance between image quality and patient safety. By filtering out unnecessary radiation, added filtration helps to reduce the patient's exposure to radiation while maintaining sufficient image quality for diagnosis.



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